



As Seen In
Time Out New York
 September 22-28, 2011



Public eye

Preston Davis

Grove St between Seventh Ave and Bleeker St

How old are you? I choose to not represent a number.

Is this a career-related choice? No, it's a life choice. Deepak Chopra, one of my favorite authors, talks about how people who are connected to their number live to their number. When I die, I won't die decrepit like America says I'm supposed to die.

What other life advice do you take from Deepak? Oh, I don't take it all from him. But I am deeply spiritual and understand my power.

Please tell me more. Um, well, I know that I'm an extension of God, and I'm more powerful than I know, and human beings are amazingly intuitive. Over the years, we've become disconnected from that.

And how do you reconnect? I go surfing every morning, and I meditate, which is huge. If you don't go within, you'll go without.

What do you do for a living? I'm a professional actor and model. That's where most of my money comes from. But I also own a surf school and double as a motivational speaker and life coach.

So acting and modeling are your day jobs? Exactly. It's pretty trippy. But it's all by design, you know? We can have whatever we want. Most people live in reaction to things. They don't understand that they are actually creating.

How did you get to this place of enlightenment? Once I realized that most of my actions were based on what TV and music and society thought for me, I started stripping all those things away.

I thought you were going to say you started stripping. [Laughs] Yeah, exactly, stripping is what brought me here. No, but really, it's what I learned is that what you put in is what you get out. You put death in—e.g., chicken—and you get that same thing out every time.

Chicken? Are you a militant vegan? No, but I aspire to be. I'm currently flexitarian.

So you still "put death in"? [Laughs] I'm evolving. It's a path, you know?
 —Interviewed by Kate Lowenstein

“This dude in India hasn't eaten or drank anything in 70 years. He says all he needs is 'om.'”



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LOOKING FORWARD

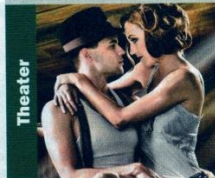
What's on the horizon



Food & Drink

Ultimate Blast

Enlightened lushes can sip more than 250 top-notch spirits as well as cocktails from a crack team of bartenders at this boozy soiree. Enter “TONY2011” at checkout for 30 percent off tickets. ultimate-beverage.com ▶ Oct 14



Theater

Bonnie & Clyde

After the less than wondrous *Wonderland*, Broadway composer Frank Wildhorn takes a shot at sexier material, starring hot young things Laura Osnes and Jeremy Jordan. bonnieandclydebroadway.com ▶ Opens Dec 1



Music

Judas Priest at Izod Center

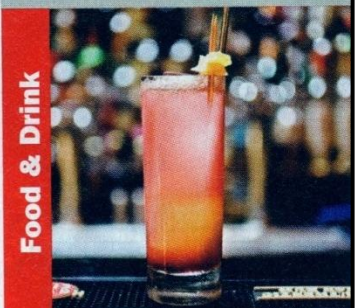
Fronted by leather icon Rob Halford, the fabled metal gods come to New Jersey for a final glory ride during their last-ever world tour. judaspriest.com ▶ Nov 18

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TIME OUT NEW YORK (ISSN: 1084-5501) is published weekly (except for one combined issue in February, July and August and two combined issues in December) by Time Out New York Partners, L.P., 475 Sixth Avenue, 12th floor, New York, NY 10018. Periodicals postage paid at New York, NY, and additional mailing offices. POSTMASTER: Send changes of address to Time Out New York, 1335 Global, 2002 Lakewood Drive, Broomfield, CO 80020. U.S. subscription: \$19.97 for 47 issues. ©Time Out New York. All rights reserved. Reproduction without permission is strictly prohibited. Printed in the USA. Time Out New York uses paper products made with fibers from sustainable managed forests. The recycling paper mills use a verified FSC®/SWEATSCAPERS® independent Chain of Custody Certification Standard for fiber tracking and are certified by PEFC, SFI and CSA. These mills also comply with the ISO 14001 standard for environmental management.